

Working Together with Parents with a Learning Disability

Resource List

Good Practice Guidance

Good Practice Guidance on Working with Parents with Learning Disabilities

Good practice guidance, including a summary of relevant legislation and policy on how adult and children's services should work together to improve support for parents with a learning disability and their children.

Available at:

http://webarchive.nationalarchives.gov.uk/20080910224541/dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_075119

Positive Practice

Supporting Parents with Learning Disabilities and Difficulties: Stories of Positive Practice

Produced by the Working Together with Parents Network, this booklet tells the stories of 6 families headed by a parent or parents with learning disabilities or difficulties who have been enabled – with the right support from professionals – to look after their children and safeguard their welfare.

Available at: <http://www.bristol.ac.uk/media-library/sites/sps/migrated/documents/positivepractice.pdf>

Inclusive Support for Parents with a Learning Disability

A report describing a project funded by the Department of Health and carried out by Mencap, in partnership with the Ann Craft Trust and the National Childbirth Trust, about a training package developed for health professionals working with parents through pregnancy and into early parenthood.

Report available at: <https://www.mencap.org.uk/sites/default/files/documents/2011-03/making%20the%20difference.pdf>

Easy read version of the report: https://www.mencap.org.uk/sites/default/files/documents/2011-03/making%20the%20difference_easy_read.pdf

What Works for Parents with Learning Disabilities?

A report by Susan McGaw (2000) drawing on empirical evidence and research about the most effective ways of supporting parents with a learning disability

Available at: <http://www.barnardos.org.uk/wwwparwld.pdf>

Networks/Organisations

British Institute of Learning Disability

Services and information available to help improve the lives of people with a learning disability.

Available at: www.bild.org.uk

CHANGE

National human rights organisation, also produces range of easy read resources (see 'Accessible Resources' section below), including sex and relationships pack.

Available at: www.changepeople.org

London Network of Parents with Learning Difficulties

A network of parents with learning difficulties and workers working with them, the group share their own stories, ideas and examples of good and poor practice. The network has developed a toolkit to make sure services are high quality and really meet the needs of the parents they are meant for.

Available at: <http://www.londonparents.net/index.html>

Working Together with Parents Network

Supporting professionals working with parents with learning difficulties and disabilities, and their children. Any professional working with parents with learning difficulties is welcome to join the network, membership is free. The website provides a range of resources from policy essentials to information about parents with learning disabilities.

Available at: <http://www.bristol.ac.uk/sps/wtpn/>



Brighton & Hove
City Council

App

Baby Buddy App

A tool for mothers with learning disabilities.

Available at: <http://www.bestbeginnings.org.uk/parents-with-learning-disabilities>

Accessible Resources

CHANGE Free Resource

Books, posters and leaflets on a range of topics that can be downloaded for free. Including 'The Court and Your Child – when Social Workers get involved', 'Women with Learning Disabilities and Maternity Services in Leeds'

Available at: <http://www.changepeople.org/free-resources/>

CHANGE My Pregnancy, My Choice (£45)

Written in easy words and illustrated with over 500 explanatory pictures, this book covers all aspects of ante-natal care from knowing when you are pregnant, foetal development, problems during pregnancy to the first days with your baby.

Available at: <http://www.changepeople.org/product/my-pregnancy-my-choice/>

CHANGE You and Your Baby 0-1 (£45)

A 370 page book written using easy words with over 400 pictures covering feeding, hygiene, safety, teething, health checks and managing baby's routines.

Available at: <http://www.changepeople.org/product/you-and-your-baby-0-1/>

CHANGE You and Your Little Child 1-5 (£45)

500 page guide for parents written in easy words and with over 1100 pictures.

Available at: <http://www.changepeople.org/product/you-and-your-little-child-1-5-new-edition/>

CHANGE Say No to Child Abuse (£10)

A 52 page booklet to support parents with learning disabilities in understanding what child abuse is and how to stop it.

Available at: <http://www.changepeople.org/product/say-no-to-child-abuse/>

CHILD ACCIDENT PREVENTION TRUST One Step Ahead Wallchart (£2)

A wall chart with pictures describing hazards in the home for 0-2 year olds at each developmental stage.

Available at: <http://www.capt.org.uk/shop/one-step-ahead-wallchart>

Easy Health

Website with many free easy read resources.

Available at: <http://www.easyhealth.org.uk/>

NHS Fife Pregnancy Support Pack

An accessible resource providing information given at each stage of a typical pregnancy in an easy to read and visual format.

Available at: <http://www.nhsfife.org/nhs/index.cfm?fuseaction=nhs.pagedisplay&p2sid=FCCFEF43-C8A6-431B-D36E1CA6BF3038F2&themeid=03D6F039-5056-8C6F-C054E6DC6CF2E399>

Northumberland Tyne and Wear NHS Foundation Trust

A range of health and wellbeing leaflets, all with easy read equivalent.

Available at: www.ntw.nhs.uk/pic/selfhelp/

SCLD Starting Primary School for Parents who have Learning Disabilities

A short video for parents with learning disabilities and pre-school children, giving advice on preparing for the transition to school.

Available at: <https://vimeo.com/69679150>

Making Information Accessible Guides

CHANGE Making Information Accessible

Guidance on making information accessible – developed in partnership with people with learning disabilities

Available at: <http://www.changepeople.org/free-resources/>

Making Written Information Easier to Understand for People with Learning Disabilities

Guidance for people who commission or produce Easy Read information.

Available at: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/215923/dh_121927.pdf

Mencap's Make it Clear

Easy read guide to making easy read information.

Available at: <https://www.mencap.org.uk/sites/default/files/documents/2008-04/make%20it%20clear%20apr09.pdf>

Free Image Banks

NHS Photo Library

Available at: <http://www.photolibary.nhs.uk/>

Openphoto

Available at: <http://openphoto.net/>

Wellcome Images

Available at: <http://wellcomeimages.org/>

Easy-on-the-I

Available at: <http://www.easyonthei.nhs.uk/>

Guidance for Nurses and Midwives

Royal College of Nursing Pregnancy and Disability

Guidance for nurses and midwives to provide high quality, client-led care for disabled women during pregnancy, birth and beyond.

Available at: http://www.rcn.org.uk/__data/assets/pdf_file/0010/78733/003113.pdf

Assessment

Parenting Assessment Manual (PAM)

A nationally recognised parenting assessment tool covering child care and development, behaviour management, independent living skills, safety and hygiene, parents' health, relationships and support, and the impact of the environment and community on parenting. Assessments are undertaken by qualified PAM's assessors.

Available at: <http://www.pillcreekpublishing.com/>

Local Services

Brighton and Hove Community Learning Disability Team

A specialist integrated health and social care team for adults aged 18 years and over, or identified within the Transitions Pathway, with a diagnosed learning disability or evidence to indicate a learning disability is highly likely. Individuals must be registered with a GP in Brighton and Hove and/or ordinarily resident within Brighton and Hove. Referrals must demonstrate that the individual will benefit from/need the expertise and services which can **only** be provided by a specialist learning disability service.

Tel: 01273 295550 **E-mail:** CLDT.referrals@brighton-hove.gov.uk

Health Promotion Library

Based at Audrey Emerton Building, Royal Sussex Country Hospital, Eastern Road, the library has a range of resources suitable for use with people who have a learning disability.

Tel: 01273 523300 E-mail: library.services@bsuh.nhs.uk

My Life Brighton and Hove

A website for residents and professionals in Brighton and Hove providing local and national health and social care information.

Available at: <http://www.mylifebh.org.uk/>