

# Learning Together to Safeguard the City

26<sup>th</sup> November – 10<sup>th</sup> December 2015

## Male Rape Matters

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Mankind



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# Case Study

## Chris and Lucy

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Chris is nineteen and is currently attending college to complete his a-levels. He is good friends with Lucy who is seventeen and is in the year below Chris at college. Chris and Lucy went out for four months about a year ago but have remained good friends. Chris has a new girlfriend, Holly, who lives in a different city but they often see each other at weekends. Lucy is also seeing someone new who is in her year at college.

“Things are going pretty well with Holly. She’s a cool girl and I like that she doesn’t live round here. Everyone knows each other’s business round here so it’s good she’s not involved in all of that. We see each other when we can but she doesn’t get on my case if I’m busy for a weekend. She is completely fine with me staying friends with my ex Lucy too – she said that she knows she’s an ex for a reason so doesn’t have anything to worry about”

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Chris's best friend Harry is turning 18 and having a house party to celebrate, his parents are away for the weekend. Harry has set up an event on Facebook and invited everyone from their college. Chris has invited his girlfriend Holly but she is on holiday so can't make it. Lucy has been invited and is going with some of her friends. She has recently broken up with her boyfriend after hearing that he cheated on her at another party. Chris hears about what happened and texts Lucy to ask if she is ok and if she is going to the party.

"I'm pretty gutted that Holly can't make it to the party. She always seems to miss the best weekends here. It's cool because I know that Harry wants to get pretty smashed so I can have some fun with him instead. I heard about that twat that cheated on Lucy – sounded pretty bad. I hope she's doing ok, I text her about the party so should see her at the weekend"



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The party is getting busy and Chris's friend Harry is already very drunk. Chris tells him to take it easy and maybe have some water, Harry tells Chris to 'fuck off' and says that he's trying to ruin people's fun. A crowd of their friends join in and call Chris a 'pussy', they chant at him to take a shot of vodka which Chris does even though he's already feeling pretty drunk himself. Lucy has arrived at the party and has been dancing with her friends. She has not seen Chris yet.

"Harry is being a dick and can't handle his booze. He will look like the mug when he has to go to bed because he can't stand up anymore. Good party though. I haven't seen Lucy yet, maybe she's feeling too upset to come tonight. I wouldn't blame her"



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Lucy goes to get another drink and bumps into Chris. They hug and Chris asks her how she's doing. She tells him that she's fine and that her ex was an idiot anyway. She said that he didn't used to treat her very well and that Chris always treated her much better. Lucy notices that Chris is pretty drunk but she pours Chris another drink and asks him to join her for a cigarette. Chris agrees and they head out to the garden.

“Finally saw Lucy, she looks fine. I thought maybe she would be upset or something but she doesn't seem that bothered about this guy. Good for her, he sounds like a dick anyway. I will keep an eye on her in case she gets too drunk and cries - I have seen it happen before”



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When they are outside Lucy starts to reminisce about the 'old times' between Chris and Lucy. They laugh together at the memories and talk about college. Lucy leans in to kiss Chris and Chris pushes her away. He explains that he has a girlfriend and only sees Lucy as a friend. She begins to cry and says that no one fancies her anymore. Chris tells her that she's a great girl and that she's very beautiful. He tells her that she will meet the right person soon.

“Didn't see that coming. Lucy tried to kiss me. She knows we're just friends. Maybe she's more upset about her ex that she's letting on. I'm not going to tell Holly about this – I don't want her to feel weird about me and Lucy being friends. We didn't actually kiss or anything anyway. I'm pretty wasted but I think I dealt with it ok”

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Chris and Lucy go their separate ways and continue their evening at the party. At about 2am Chris decides that he is too drunk to carry on partying and heads to find somewhere to sleep. He finds a bed in Harry's little sister's room who is away for the night. He falls asleep. About half an hour later he wakes up to find Lucy climbing into bed with him. He asks her what she is doing and she says that there are no beds free and she needs to sleep. She turns away and falls asleep so Chris closes his eyes too.

“I decided to head to bed because I was pretty hammered and needed to sleep. I thought it was a little bit strange when I woke up and Lucy was getting into my bed. I didn't think that Holly would like this very much. To be fair – it's just a place to sleep and there are probably loads of people staying downstairs so I guess there's no room. We have slept in a bed together loads of times before. She fell asleep straight away anyway”

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Chris wakes up to find Lucy on top of him. She is kissing his chest and neck and he asks her what she is doing. She laughs and tells him to 'shh'. She then says that 'he obviously wants her' and stokes his erect penis. She then starts having sex with him. Chris doesn't say anything or move in anyway.

"I...I didn't know what to do. I was pretty confused and delirious when I woke up and then when I realised what she was doing I just froze. I obviously wanted it, because I was hard, but it felt horrible. I felt sick and I wanted it to stop"



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## Additional Task

- How might Chris's behaviour change?
- Is Chris likely to talk to anyone about what happened? Why/why not?
- What is Chris likely to share about what happened?
- How are people likely to respond?
- Will Chris think differently about himself?
- Will Chris think differently about Lucy?
- How would we define Lucy's behaviour?

# Safeguarding is Everybody's Responsibility

Thank you for attending this **Learning Together to Safeguard the City** event. We hope that you found it informative and that you will be able use what you have learnt to in your practice to improve outcomes for people in Brighton & Hove and help keep them safe.

Please let us know what you thought about this session by completing our quick survey at:

[www.surveymonkey.com/r/LearningTogether2015](http://www.surveymonkey.com/r/LearningTogether2015)

or completing one of our postcards before you leave



Your feedback will help us plan future Learning Events and will be considered in the **Learning Together to Safeguard the City** fortnight Final Event



## What can the **Safeguarding** Boards teach one another?

10 December 2015, 2pm – 4pm, The Great Hall, Moulsecoomb

Join us for our finale event which will pull together the themes the **Learning Together to Safeguard the City** activities. It will be an opportunity to reflect on the subjects, issues/ barriers and areas of good practice that have been identified during the fortnight's eclectic events.

This is an opportunity for managers, frontline practitioners and professionals with an interest in developing and enhancing safeguarding to come together with senior managers and strategic leads.

The event will be hosted by Graham Bartlett, the Chairperson of the **Local Safeguarding Children Board** and **Safeguarding Adults Board**, and will consider the ways in which the two boards can learn from, and influence, each other to help make Brighton & Hove a safer city to live in and be part of.

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